

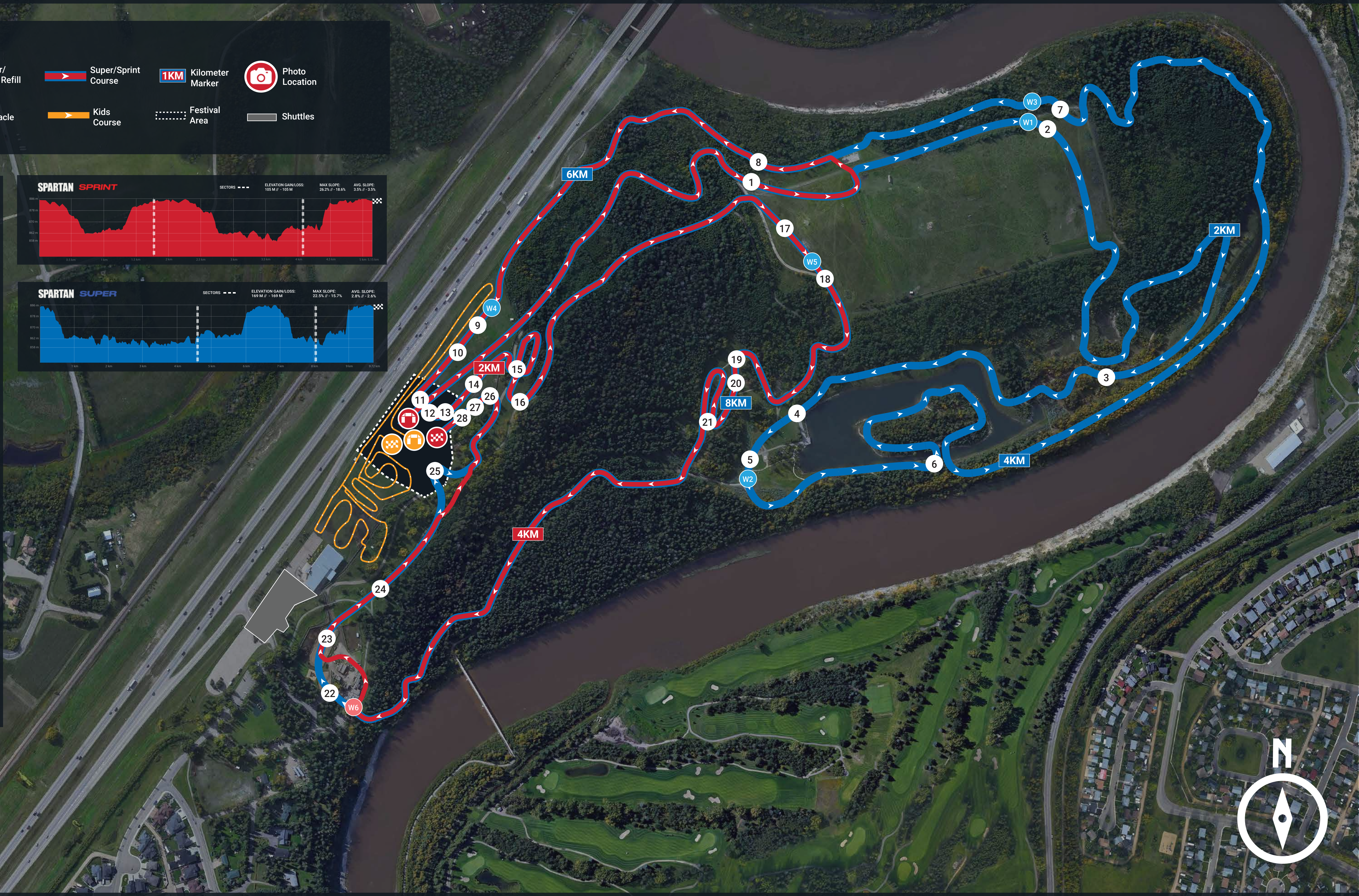
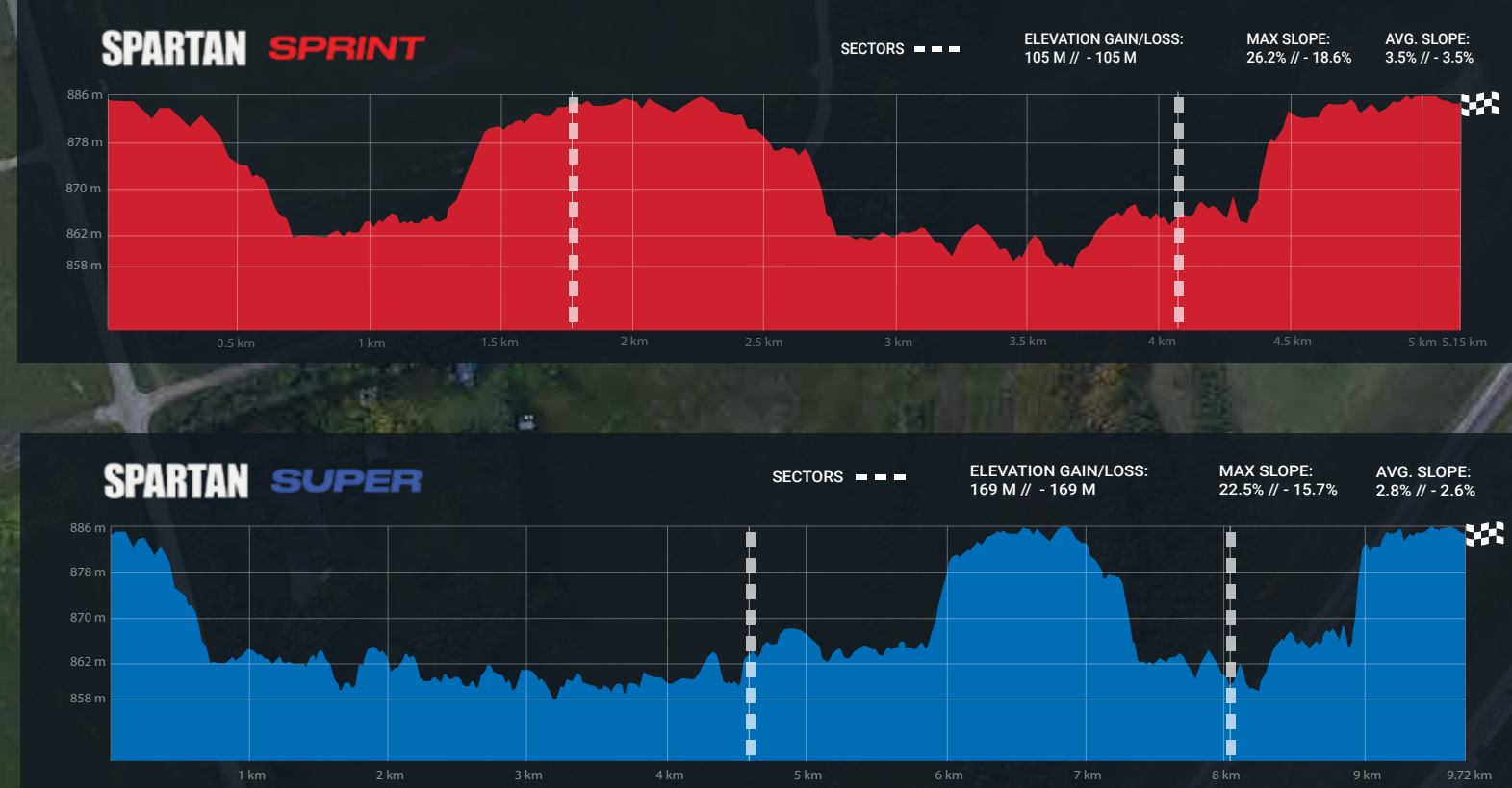


KEY

Start
 Kids Start
 Water/Pack Refill
 Super/Sprint Course
 1KM Kilometer Marker
 Photo Location
 Finish
 Kids Finish
 *Obstacle
 Kids Course
 Festival Area
 Shuttles

OBSTACLE GUIDE

- 1 OVER WALLS (4' WALLS) ● ●
- 2 BENDER ●
- 3 STAIRWAY TO SPARTA ●
- 4 TWISTER ●
- 5 BEATER ●
- 6 SCRIM NET LOW CRAWL ●
- 7 7' WALL ●
- 8 6' WALL ● ●
- 9 VERTICAL CARGO ● ●
- 10 MONKEY BARS ● ●
- 11 CRAFT A-FRAME CARGO ● ●
- 12 ROLLING MUD ● ●
- 13 DUNK WALL ● ●
- 14 Z WALL ● ●
- 15 SANDBAG CARRY ● ●
- 16 SPEAR THROW ● ●
- 17 ATLAS CARRY ● ●
- 18 BARBED WIRE CRAWL ● ●
- 19 ARMER ● ●
- 20 INVERTED WALL ● ●
- 21 BUCKET CARRY ● ●
- 22 THE BOX ●
- 23 ROPE CLIMB ● ●
- 24 SLIP WALL ● ●
- 25 OLYMPUS ●
- 26 HERCULES HOIST ● ●
- 27 MULTI-RIG ● ●
- 28 FIRE JUMP ● ●



Due to the nature of our events this map is subject to change. Detailed maps can be found on the event webpage or onsite at the information tent where applicable.

*Please note obstacles are separated into two categories, Mandatory Obstacles and Pass/Fail Obstacles. Pass/Fail Obstacles consist of single attempt and multiple attempt obstacles. The penalty for Elite and Age Group racers (red headbands) on ALL pass/fail obstacles is a penalty loop. The penalty for Open heat racers (black headbands) will be EITHER a penalty loop OR 30 burpees; course signage will indicate which penalty to expect. The Rules of Competition can be found on the Spartan website.